

STEM starts now

Dressing for Weather

Recommended Age: 36–41 Months

STEM concepts: Science (physical science), Technology (simple tools), Engineering, Math (number identification)

Materials: A weather app or channel, the outdoors and various clothes. Expand the activity requires a thermometer

What to do: Sit down with your child in the morning and check the temperature. Once you have a number temperature have your child step outside in their pajamas to explore what that temperature feels like. Based on this temperature ask them what types of clothing they should wear for the day. Don't leave it to just temperature. Is it windy? Rainy? Snowy?

Language and Communication: Ask your child to identify the numbers they see on the screen. Talk to them about what they see outside, how it feels and what clothing they should wear.

Expand the Activity: Check the temperature on a thermometer instead of looking it up.

